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Alan Watts Still the Mind: An Introduction to Meditation Publisher: New World Library (February 9, 2002) Language: English Pages: 128 ISBN: 978-1577312147 Size: 17.10 MB Format: PDF / ePub / Kindle Mark Watts compiled this book from his father's extensive journals and audiotapes of famous lectures he delivered across the country. In three

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Alan Wilson Watts (6 January 1915 – 16 November 1973) was a British-American philosopher who interpreted and popularised Eastern philosophy for a Western audience.

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